

Random Moments Training Sign in Sheet

2011-2012

It is time to sign the Random Moments training sheet once again. This is a yearly requirement. Please print this form off or electronically sign it. Return this signed form to Jeanette at DOB as soon as possible. If you feel you need personal training, please contact me at ext 6761 or e-mail.

All Random Moments will be done electronically. Directions are attached in this e-mail. Please open it and read it.

Thank you

Printed Name

Signature