

Intersection Fitness

Personal Training/Boot Camp Contract

Full Name: _____
Date of Birth: _____
Street Address: _____
City, State Zip Code: _____
e-Mail: _____
Home Phone: _____
Cell Phone: _____
Business Phone: _____

I hereby agree to accept and be legally bound by this Personal Training Contract. By checking this document, I attest, contract, acknowledge, and agree that I am legally bound by its content.

RELEASE OF LIABILITY (Please Read Carefully)

I have enrolled in a program of strenuous physical activity including, but not limited to walking, running, boxing, yoga, aqua aerobics, massage therapy, weight lifting, bicycling, in-line skating and the use of various conditioning and exercise equipment and facilities designed, offered, recommended, and/or supervised by Intersection Fitness, Inc. I hereby affirm that I am in good physical condition and do not suffer from any disability that would prevent or limit my participation in this program.

In consideration of my participation in the program, I for myself, my employees, heirs, assigns, agents, officers, directors, shareholders and co-workers hereby release Intersection Fitness, Inc., its employees, heirs, assigns, agents, officers, directors, and shareholders, from any and all claims, demands or causes of action arising from my participation in the program or from any use of the conditioning and exercise equipment and facilities.

I fully understand that I may suffer injury as a result of my participation in the program and I hereby release Intersection Fitness, Inc. from any and all liability now or in the future, including but not limited to medical expenses, lost wages, pain and suffering, that may occur by reason of heart attacks, muscle strains, pulls or tears, broken bones, shin splints, heat prostration, knee/lower back/foot injuries, and any other illness, soreness, or injury, however caused, whether occurring during or after my participation in the program or use of the conditioning and exercise equipment and facilities, regardless of fault.

I attest, contract, acknowledge, and agree that I am legally bound by its content.

Initial here if you agree: _____

I acknowledge and agree that this Personal Training Contract is not transferable or assignable. I acknowledge that payment is required for blocks of sessions in advance of actual training sessions. I agree to pay in advance for training sessions. I understand this money is not refundable. I understand this contract and the terms it presents is for the purchase of sessions and any other purchase of services in the future. I acknowledge that this specific contract, release of liability, consent, and agreement is continuously valid indefinitely. I understand that a minimum requirement of one session per week must be completed or I will be charged for the session(s) missed. No refund will be granted for sessions that have not been completed. I understand that Intersection Fitness, Inc. has the right and the authority to terminate the program at any time, with no refund, if I do not follow the program or fail to conduct myself in an appropriate manner.

By initialing this document, I attest, contract, acknowledge, and agree that I am legally bound by its content.

Initial here if you agree: _____

I acknowledge that appointment times are reserved and that cancellations must be made 24 hours in advance. Cancellations must be made by calling (323)528-7384 (voicemail will record date/time). I understand that I will not receive a refund for missed appointments. It is my responsibility to attend my personal training appointments when they are scheduled.

I understand that appointments will begin and end promptly as scheduled. I acknowledge that any delays to the start of a scheduled appointment will not be a cause of extend provided service beyond the remainder of the scheduled time. I will not expect or ask my trainer to run overtime. I understand that if I am 15 minutes late my session will be canceled and I will be charged for that session. I understand that sessions will run approximately one hour unless otherwise stated. I acknowledge that a delay to a scheduled session cannot change the session status to anything else except a whole session. I understand that there are no half sessions because of any delay.

I attest, contract, acknowledge, and agree that I am legally bound by its content.

Initial here if you agree: _____

Signature: _____

Date: _____

Intersection Fitness